

## **WELCOME TO PAMPER OFF PISTE:**

We are a mobile massage and beauty service that will visit you during your winter skiing holiday in the comfort of your chalet or holiday accommodation. Whether you would like a massage in preparation for your day's skiing or a beauty treatment to spoil you, why don't you fill out our online booking form, or give us a call to arrange for one of our professionally trained therapists to visit for some expert pampering.

## **THE SERVICE:**

We are the only mobile service which has exclusively been permitted to use Pinks Boutique luxury spa brand – normally seen in Radisson Edwardian, Chewton Glen and the Aman spa. We offer a wide range of treatments to revive your tired and tender muscles, replenish your energy levels and leave you looking and feeling on top of the world.

All that is required from you is to be showered and ready for your treatment. We will endeavour to arrive 10 minutes before the appointment so that we have plenty of time to set up and to allow for your pre-treatment consultation.

**Appointments are available seven days a week from 8am to 8pm.**

### **In The Morning:**

Helping to ease away aches and pains from previous day's activities, warming up your muscles in preparation for the day ahead, we can even stretch your muscles while you lie back and relax.

### **In The Afternoon:**

This is an ideal time for those wanting to relax and indulge when the chalet is peaceful, giving you time to enjoy a couple of hours of tranquillity after your treatment before the hordes return from the slopes.

### **In The Evening:**

After a hard day on the mountain a massage can help to reduce stiffness and replenish energy levels, helping you relax and unwind.

# Pamper Off Piste

Celebrating 10 Years of Pampering!

www.pamperoffpiste.com | enquiry@pamperoffpiste.com | +33 (0)6 17 60 89 02 | +44 (0)7950 038353



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24 hours notice is required for any cancellations otherwise the full cost of the treatment will be charged.

Consumption of alcohol with some of our treatments and products may have an adverse effect.

OUR THERAPISTS ARE FULLY QUALIFIED, REGISTERED AND INSURED

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## FACIAL TREATMENTS

We require a minimum of 1 hour of treatments to be booked per chalet, depending on your location we may request a longer booking. Discounts for group bookings are available provided the therapist can use the same space for all the treatments requiring a massage table; please see our special offers page for more details.

All treatments have been developed with our male clients in mind Our Pinks Boutique Eco Chic facial, manicure and pedicure can all be tailored for the male complexion.

Facials using handmade organic skincare products from Pinks Boutique, these facials are formulated to enhance the senses and relax the mind and body. Suitable for all skin types.

### Pinks Boutique Signature Facial 90 mins 113€

Hot towels and a welcome foot scrub start this treat for the face. Once on the couch you will start face down and a hot towel on your back announces the start of the proceedings. You will be cleansed, deep cleansed, exfoliated, massaged and masked on both sides. Each stage of the facial is a sensory delight with aroma deliciously scented scrubs, masks and moisturisers in the powerful anti oxidant Ocha range.

### Pinks Boutique Anti-aging Facial 75mins 96€

Organic processing of vegetable oils ensures that the anti oxidants, vitamins and minerals are not destroyed as they can often be in chemical processing. Using super charged Rosehip, scientifically proven to ease signs of ageing, wrinkles and sun damage this facial concentrates on not just on the front but the 'tell tale give always'- the back of the neck and décolleté also. Learn how to prevent ageing from the inside and outside as our expert therapists guide you through the holistics of aging

### Eco Chic Facial 60mins 82€

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Designed to restore the natural balance of your skin the Pinks Boutique products use only natural ingredients, herbs, essential oils and anti oxidants to promote clear, hydrated radiant skin. Our organic facial combines cleansing, a deep cleanse with our camellia based melt, exfoliation, relaxing face, neck and shoulder massage and mask. Unusually the treatment will also include your upper back and neck to providing it with vital moisture.

## BODY TREATMENTS

Both of these fabulous Body Booster treatments will leave your entire body feeling conditioned and pampered, you will need to shower during the treatment, while the ear candling will leave you feeling cleansed and calm.

### Hydrating Body Booster 60 mins 82€

A treat for the entire body, includes body brushing to eliminate toxins, exfoliation & a skin conditioner containing rose absolute renowned for its exceptional restorative and hydrating properties followed by a relaxing massage.

### Detox Body Booster 60 mins 82€

A treat for the entire body, includes body brushing to eliminate toxins, exfoliation & a skin conditioner containing rose absolute renowned for its exceptional restorative and hydrating properties followed by a relaxing massage.

### Hopi Ear Candling 60mins 82€

Using traditional candles followed by an auricular and facial massage this relaxing treatment cleanses & balances the ears & sinuses.

## MANICURES

Using Indonesian inspired organic handmade products from the Pinks Boutique range these soothing treatments are so much more than just a treat for your hands and nails. The inspiring scents of sweet orange, neroli, ylang ylang and patchouli will leave you in a calm, balanced and revived state of mind.

### **Pinks Boutique Signature Indonesian Manicure** **60 mins 82€**

While relaxing on the massage table hot towels sanitise the feet and hands before the nail work begins. The hands soak amongst Indonesian mineral crystal soak whilst pressure points are applied to the head. A full hand and arm organic scrub leads into a massage with a difference. Using Indonesian massage techniques the arms, shoulders and head are worked upon in our signature massage trail. To end the hands are always coated in our super hydrating Shea balm Varnish- optional- please note this cannot be organic.

### **Pinks Boutique Eco Chic Manicure** **30mins 44€**

With this treatment you can not only enjoy a superb manicure but also take comfort in knowing that only natural and organic ingredients will be going onto your skin. Performed whilst seated, enjoy a sample of the signature touches and the delicate smells of the oils which result in a hydrating and indulgent manicure. Varnish- optional- please note this cannot be organic.

## PEDICURES

Pedicures: Using the Pinks Boutique's highly acclaimed Spa Pedicure products which are centred around sustainably mined and 100% natural Himalayan mineral crystals along with conscientiously sourced essential oils of peppermint, lavender and geranium to cleanse, relax and rejuvenate tired, aching feet.

### **Pinks Boutique Signature Himalayan Pedicure** **90 mins 113€**

Following hot towels to the feet they are then soaked and showered with Himalayan mineral crystals, sustainably mined and 100% natural. We always treat the 'top and tail' and whilst this is happening the head is massaged. When all the wet work is complete the client is transferred to the couch. The nail and cuticle work is carried out and leads into a reflex influenced stick foot massage with our signature massage trail. To end the feet are coated in a super hydrating balm, perfect for dry heels. (Varnish- optional- please note this cannot be organic).

### **Pinks Boutique Eco Chic Pedicure** **60mins 82€**

A full detailed pedicure with only Soil Association organic products to nourish and soften tired feet. Sample the special touches of the Signature Himalayan pedicure whilst your feet are treated with the revitalising aromas of peppermint, lavender and geranium. Includes nail and cuticle work and hard skin removal. (Varnish- optional- please note this cannot be organic).

## EYE ENHANCING TREATMENTS

Eyebrow shape	15mins 19€
Eyelash tint	30mins 23€
Eyebrow tint	15mins 19€
Eyelash and eyebrow tint	30mins 33€

## ORGANIC SPA WAXING TREATMENTS

Pinks Boutique Organic waxing uses only Soil Association certified pre and post wax products and whilst the base techniques remain the same we have added in some special touches. Standard Pre wax cleansers generally have a very high alcohol content and strip your skin unnecessarily of its vital moisture. After waxing, every hair follicle is open and the products applied to this area have direct access to the bloodstream. The Pinks Boutique after wax calming lotion which will be use on you is free from all of the paraben preservatives and toxins which standard lotions contain, thus preventing any unwanted chemicals from entering the body. Smooth calmed chemical free skin. 100% Natural and Organic waxing: Using Pinks Boutique Soil Association Pre and after wax lotions to ensure that you skin has no parabens, GM or toxic chemicals added to it during your waxing. Let us show you waxing can be spa. All our spa waxing treatments have some fab little touches to get the best results and ensure a memorable wax, organic lollies to suck during bikini lines, a little torch which checks for any missed hairs and our tiny massages to complete.

Full Leg wax	30mins 34€
Half leg Wax	15mins 23€
Underarm wax	15mins 18€
Standard Bikini wax ( to the knicker line)	15 mins 16€
High Leg Bikini	30mins 25€
Hollywood/Brazillian wax	45mins 63€
Lip/ Chin	15mins 15€
Half Back	30mins 32€
Full Back	45mins 45€

## MASSAGE TREATMENTS

We require a minimum of at least 1 hour of treatments to be booked per chalet, but depending on your location we may request a longer booking.

Discounts for group bookings are available provided the therapist can use the same space for all the treatments requiring a massage table.

Treatment times range from 30 minutes to 90 minutes.

Mix and match techniques from the most soothing to incredibly brutal to focus on any problem areas or for a luxurious full body treat.

90 Minutes	110€
75 Minutes	93€
60 Minutes	82€
45 Minutes	63€
30 Minutes	45€

### Hot Stone Massage *add 5€ onto above prices*

Hot Stone Massage has to be one of the most enjoyable therapeutic massages available.

Muscles are pre-treated with heated stones allowing them to relax 4-5 times quicker than in a standard body massage. The effect of the heat and massage creates a state of deep mental relaxation and increased blood flow to the areas being treated which accelerates any healing processes leaving you better prepared to enjoy the mountain.

### The Skiers Tonic *60mins 82€*

A seated or reclining massage created to benefit skiers and boarders alike. Concentrating on head, neck, shoulders, calves and feet.

### Calm Feet *60mins 82€*

A treatment developed to deliver comfort and freedom after skiing. A 60 minute spoiling treat for the feet and calves, using massage therapy and reflexology pressure points to ease and relax after a long day on the slopes.

### Heavenly Head Massage *60mins 82€*

Relax into this energy balancing massage focusing on the head, face, neck and shoulders helping all those stresses and strains float away.

### Maternal Glow *90mins 113€*

Using Bio oil, to help prevent the appearance of stretch marks, this fabulous treatment has been developed to soothe your back and bump, ease tired feet and legs and nourish your face and hands.

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## **Pamper Packages.**

Spoilt for choice? Why not indulge in one of our great value beauty packages?

**Holistic Haven** **120mins 145€**

A complete embrace for face & body leaving every inch hydrated and revived. Includes Eco Chic Facial and Body Booster of choice.

**Piste Perfect** **150mins 183€**

Combining the benefits of either the Hydrating Body Booster or Detox Body Booster with the Heavenly Head Massage & Calm Feet treatments for a top to toe treat.

**Beautiful Beginnings** **180mins 214€**

Why follow the hoards out on the mountain when you can put your feet up and enjoy a pampering with our maternal glow and express Eco Chic manicure and pedicure.

## **SPECIAL OFFERS FOR GROUP BOOKINGS**

Spoilt for choice? Why not indulge in one of our great value beauty packages?

### **10% off total costs of treatments**

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When 3 or more hours are booked in the same premises consecutively.

### **Book 5 (or more) consecutive hours with one therapist**

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Choose whichever treatments you would like all for a fantastic price of 72€ Per Hour.

## **GIFT VOUCHERS**

These make an original and indulgent present for any occasion; Christmas, birthday, a thank you or 'just because'.

You can buy a voucher for a specific treatment or if you can't make up your mind which treatment then give 'an hour' for €82 and your recipient can choose any of the 60 minute massage or beauty treatments, valid during 2011/2012 winter season with Pamper off Piste only.

Vouchers can be posted directly to the recipient, to you, or we can arrange delivery to your friend's holiday accommodation at no extra cost.

Gift vouchers for Pamper by the Pool in Corsica and Mallorca are also available for this summer, please enquire for further details.