



# BRITISH SKI & SNOWBOARDING SCHOOL

**At Parallel Lines Ski and Snowboard School in Meribel we make learning fun and easy!**

As the biggest British Ski School in Meribel we offer more options, more availability and more British Instructors than anyone else. We have built our team carefully over the last 14 years, only selecting instructors with the experience, personality and passion for the mountains that guarantees consistently great lessons.



Scan me!

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# PARALLEL LINES SNOW SPORTS SCHOOL LEVEL & COURSE GUIDE



**LEVEL 1** This is my first time! Never been skiing before, I'm really excited!

**LEVEL 2** I have tried skiing on a dry slope or snow. I have started to turn and stop but may not always feel in control

**LEVEL 3** I can make controlled turns on green runs and may have skied a blue

**LEVEL 4** I am skiing parallel on most blues but struggle if conditions become more difficult

**LEVEL 5** I like skiing fairly quickly and I am happy to ski reds in good conditions. I may struggle if terrain becomes challenging

**LEVEL 6** I can ski reds and can get down blacks in reasonable condition. I want to improve my skills to ski steeper slopes, bumps etc

**LEVEL 7** I can ski all runs in all conditions. Bumps and off piste are fun!

ADULT SKI COURSES  
FROM PARALLEL LINES



**LEVEL 1** I'm a beginner, this is my first time on a board and I wouldn't know the difference between a highback and a toestraps! Or, I may have done a bit but I am not confident turning on both sides

**LEVEL 2** I'm getting the hang of it, I can turn both ways on easy runs but if it gets steep or narrow I come unstuck

**LEVEL 3** I'm happy on all runs but I feel like I've hit a plateau. How can I progress?

**LEVEL 4** I can ride the whole mountain and/or I'm into freestyle  
I really want to push my limits and fine tune my technique

ADULT & CHILDREN SNOWBOARD COURSES  
FROM PARALLEL LINES



**mini green** I am only young so I want to have a fun time as it's my first go!

**level 1 GREEN SAFARI** It's my first time, I want to learn to snowplough and make my first turns

**level 2 BLUE SAFARI** I have skied at least a week and have skied green runs but I want to be with children closer to my age

**level 3 BLUE/RED** I can ski parallel on easier runs but use a snowplough when the terrain becomes more challenging

**level 4 RED SAFARI** I can ski reds parallel and know how to use my poles. I'm pretty quick

**level 5 ALL MOUNTAIN** I have skied lots and I can ski blacks in good condition. I need to improve control of speed on steep slopes, bumps and improve my carving

**level 6 RACE CAMP** I have done ski school and can ski quickly on any piste. I want to develop my racing skills

CHILDREN'S SKI COURSES  
FROM PARALLEL LINES



## LESSONS TO SUIT

Find the correct lesson to suit you. We cater for all levels in both ski and snowboard and offer a wide range of options in both.

### Group

#### Adult Group Ski Lessons

Our group lessons are still our most popular and best value lessons.

They run for 2 hours each morning leaving you time for lunch and to ski with friends or family in the afternoon.

#### Children's Lessons

Our children's Safari's have been a big hit since we started 14 years ago, with the emphasis on learning in a fun safe environment. Ages 4-17 years.

#### Snowboarding Lessons for Adults & Children

A great way to learn and improve your riding skills. Daily Morning Group Lessons for Levels 1 & 2.

### Privates

#### Private Lessons

Book one of our instructors either for yourself, your children, your family or to share with friends and be confident that you will be inspired and amazed at what you can achieve. all levels and all terrain covered. Lessons from 2 hours to multiple days.

#### 3 Valley Piste Tour

Take the opportunity to explore the 3 Valleys in a small group with runs handpicked for you. We aim for Blue and some Red pistes to make the journey as enjoyable as possible. Gain maximum time on the slopes by using lift priority lanes and receive tips and feedback on your skiing or boarding from one of our Elite instructors.

### Power Range

#### Power Performance Clinics

Higher level, small group lessons without the commitment of a full week. Two levels, Level 5/6 and Level 6/7. Tactics, techniques and top tips that will really make a difference to your skiing.

#### Snowboard Expert Clinic

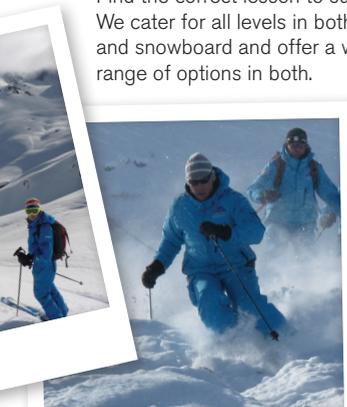
Power performance clinic for Snowboarding, higher level small group lessons without the commitment to a full week. Focus sessions on the following areas;

**1 Freestyle 2 Backcountry 3 Carving**

#### Power Explorer

Off Piste focussed ski guiding with tips. Challenge yourself and find the best lines around the mountain. 4 hrs in a small group, looked after by our expert instructors. Off piste safety packs available for these sessions.

**Heliskiing** In the 3 Valleys and beyond, contact us for details.



### ADULT MORNING LESSONS

(L1 Sunday and Monday to Friday, L2-5 Monday to Friday either 9:15 or 11:30 start)

6 days // €225 // 2 hours per day // 3-8 per group

5 days // €195 // 2 hours per day // 3-8 per group

### CHILDREN'S MINI GREEN SAFARIS

(Mini Green 4-5 yr olds Monday to Friday, 9:15 or 11:30 start)

6 days // €299 // 2 hours per day // 3-6 per group

5 days // €249 // 2 hours per day // 3-6 per group

### CHILDREN'S SAFARIS

(Mini Blue 5-7 yr olds and L1-7 Sunday or Monday to Friday, 9:15 start)

6 days // €455 // 4.25 hours per day // 3-8 per group

5 days // €410 // 4.25 hours per day // 3-8 per group

### CHILDREN'S AFTERNOON SAFARIS

(Half term only - 2pm start)

6 days // €335 // 3 hours per afternoon // 3-8 per group

5 days // €285 // 3 hours per afternoon // 3-8 per group

### PRIVATE LESSONS

2 hour lesson 1-2 people sharing // €175 (€15 per additional person)

2.5 hour lesson 1-2 people sharing // €199 (€20 per additional person)

3 hour lesson 1-3 people sharing // €229 (€25 per additional person)

4 hour lesson 1-3 people sharing // €309 (€30 per additional person)

Full day, 1-6 people sharing // €470 (€40 per additional person)

### POWER PERFORMANCE CLINICS & SNOWBOARD EXPERT CLINICS

1 person booked = 2 hrs of coaching. 2 people booked 2x2 hrs = 4hrs coaching.

3-4 people booked 2x2.5 hrs = 5 hrs. 5 or 6 people booked 2x3 hrs = 6 hrs. €150 per person

### POWER EXPLORER

(times arranged when booking)

4 hrs // €99 per person // 3-6 per group

### 3 VALLEY PISTE TOUR

(times arranged when booking)

4 hrs // €75 per person // 3-8 per group